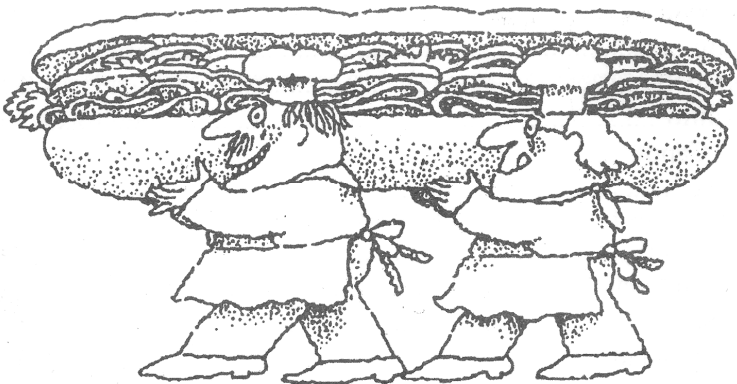




190 Forest Avenue
Locust Valley, New York 11560

Phone 516-759-2464
Fax 516-759-7686

FREE DELIVERY
(minimum order \$15.00)



BREAKFAST

(Served until noon)

Locust 1	2.59
1 egg any style on a roll with bacon, ham or sausage with cheese	3.19
Locust 2	3.09
2 eggs any style on a roll with bacon, ham or sausage with cheese	3.69
McValley	3.29
1 egg & cheese with ham on toasted English muffin	
The Mag	3.29
2 eggs scrambled with home fries on a roll	
The Hungryman	5.95
3 eggs with cheese & your choice of two meats served on a hero	
The Healthy Way	5.95
3 egg whites with grilled turkey & alpine swiss, served on a wrap	
French Toast	4.25
with ham, bacon, or sausage	5.25
Omelettes	5.25
3 eggs with a side of toast & your choice of any two items: cheese, peppers, onions, mushrooms, spinach, olives, broccoli cheeses: American, swiss, cheddar, muenster	
Buttered Roll99
Buttered Bagel	1.75
Cream Cheese Bagel	2.20
Home Baked Muffins	1.95
Toasted English Muffin	1.75
Sides: ham, bacon, or sausage • homefries • hashbrowns	

SANDWICHES

Roast Beef	5.25
Ham	5.25
Turkey	5.00
Fresh Turkey	5.25
Bologna	3.95
Liverwurst	3.95
Salami	4.95
Mortadella	4.95
Prosuitto	5.75
Ham Cappy	5.75
Cheese	4.00
American, Swiss, Provolone, Alpine Lace, Pepper Jack, Mozzarella	
Tuna Salad	5.00
Chicken Salad	5.00
Egg Salad	4.25
Shrimp Salad	6.50
Seafood Salad	5.75
Extras	
roll .50 lettuce .40 hero 1.00 tomato .40	
wrap 1.00 onionsn/c cheese .50 roasted peppers .75	

THE GRILL

Hamburger.....	4.50
lettuce, tomato and pickle	
Cheeseburger.....	4.95
lettuce, tomato and pickle	
Veggieburger.....	4.50
lettuce, tomato and pickle	
Reuben Melt.....	6.95
corned beef & swiss cheese with sauerkraut on rye bread	
Philly Cheesecake.....	7.90
thinly sliced grilled steak & melted American cheese with sautéed onions on a hero	
Monte Cristo.....	7.50
melted ham, turkey and swiss, on a toasted hero	
Grilled Cheese.....	4.50
with bacon or tomato	5.00
Chicken Cutlet Hero.....	6.95
breaded chicken cutlets with lettuce and tomato on a hero	
Chicken Cutlet Parm.....	7.50
chicken cutlets with tomato sauce and fresh melted mozzarella on a hero	
Boneless BBQ Ribs.....	6.95
boneless pork ribs marinated in homemade BBQ sauce on a hero	
Panini Grill Sandwiches.....	7.95
a Panini Grill Sandwich is a grilled Italian style sandwich served on our Panini Bread featuring a delicious combo of fresh vegetables & premium brand deli meats & cheeses. Paninis are made to order for you with the filling of your choice and then put on our Panini Grill Press. Try one today!	

May We Suggest Trying:

- Breaded Chicken Cutlet, Bacon & Muenster Cheese
- Black Forest Ham & Swiss Cheese
- Roast Beef, Sautéed Onions & Cheddar Cheese
- Baked Eggplant, Roasted Peppers & Feta Cheese
- Grilled Chicken Breast, Sliced Artichokes, Tomatoes & Fresh Mozzarella Cheese
- Portabello Mushroom, Bacon, Tomato & Swiss Cheese
- Prosciutto, Fresh Mozzarella, Roasted Red Peppers with Pesto
- Mesquite Smoked Turkey, Provolone & Honey Mustard
- Grilled Cubano Roast Pork, Smoked Ham, Swiss Cheese with a sliced Pickle, Mayonnaise, mustard & Hot Sauce
- Panini Italiano Ham Cappicola, Genoa Salami, Mortadella, Provolone Cheese with Sun Dried Tomatoes, Spinach Leaves & Red Onions

*All grill items served with fries and a sliced pickle
for an additional \$2.00*

**All prices subject to change without notice*

SIDES

	Small	Large
French Fries	3.00	4.50
Curly Fries	3.25	5.25
Onion Rings	3.25	5.25
Mozzarella Sticks (6).....		6.95
Chicken Fingers (6)		6.95
Chicken Fingers (6)		6.95

WRAPS

Par.....	7.50
shrimp or seafood salad with lettuce & tomatoes on a sun dried tomato tortilla	
Bogey	7.50
marinated grilled chicken & cheddar cheese, shredded lettuce & diced black olives with cream cheese & salsa on a flour tortilla	
Double Bogey.....	7.50
chicken salad with bacon, lettuce, tomatoes and ranch dressing on a flour torilla	
Eagle.....	7.50
marinated grilled chicken with caesar salad on a whole wheat tortilla	
Sand Wedge.....	7.50
grilled chicken breast & feta cheese with cucumbers, black olives, red onions, tomatoes, & ranch dressing on a flour tortilla	
Driver	7.50
Boars Head cracked pepper mill turkey breast and Monterey jack cheese with lettuce, tomatoes, red onions & ranch dressing on a flour tortilla	
Iron	7.50
philadelphia cheese steak from our grill with onions, peppers, mushrooms	
Fairway.....	7.50
Lean roast beef & cheddar cheese with a cream cheese & horseradish spread & lettuce on a flour torilla	
Caddie.....	7.50
spinach, hard boiled eggs, bacon, mushrooms & tomatoes with hot bacon vinaigrette on a spinach tortilla	
Putter	7.50
Boars Head oven gold turkey breast & mozzarella cheese with roasted red peppers & balsamic vinaigrette on a sun dried tomato tortilla	
Foursome.....	7.50
grilled teriyaki chicken breast, mixed spring greens & assorted grilled vegetables on a flour tortilla	
19th Hole.....	7.50
baked eggplant & fresh mozzarealla cheese with romaine lettuce & roasted red peppers on a spinach tortilla	
Chipper.....	7.50
cajun turkey breast & pepper jack cheese with cream cheese & salsa on a flour tortill	

SALADS

- Grilled Chicken Caesar Salad** 7.95
strips of marinated grilled chicken breast, crisp romaine lettuce, shaved parmesan cheese & homemade croutons with caesar dressing
- Chef Salad** 7.95
julienne strips of roast beef, turkey, ham, swiss & American cheese on a bed of chopped mixed lettuce with tomato slices & hard boiled eggs with your favorite dressing
- Greek Salad** 6.95
crisp iceberg lettuce, topped with peppers, red onions, black olives, cucumbers, cherry tomatoes & crumbled feta cheese with creamy greek dressing on the side
- Spinach, Chicken & Oranges** 6.95
crisp baby spinach leaves topped with marinated grilled chicken & mandarin orange slices with hot bacon dressing
- Cobb Salad** 7.95
strips of grilled chicken over a bed of crisp iceberg lettuce with chopped bacon, sliced hard boiled eggs, crumbled bleu cheese, red onions & avocado* with ranch dressing
* (avocado available when in season)
- Fitness Salad**..... 6.95
cool, creamy cottage cheese, fresh fruit salad, nuts & raisins
- Crudite Salad** 7.50
cool, crisp garden vegetables served with a low-fat ranch dressing
- Chipper** 7.50
cajun turkey breast & pepper jack cheese with cream cheese & salsa on a flour tortilla

Salads in the Ruff

	<i>small</i>	<i>large</i>
chicken salad.....	4.95	6.95
tuna salad	4.95	6.95
shrimp salad.....	5.95	8.95
seafood salad.....	4.95	6.95

SPECIALTY SANDWICHES

- L.V. Rotarian** 7.95
ham, provolone, lettuce, tomato, onions, oil & vinegar and hot peppers on a hero
- Birch Hill**..... 7.95
lean roast beef & melted american cheese with bacon, lettuce and tomato on a hero
- 5th St. Melt** 7.95
lean roast beef & melted mozzarella cheese on a toasted garlic hero
- Falcon** 7.95
lean roast beef & muenster cheese with russian dressing, topped with cole slaw on a hero
- Creek Club**..... 7.95
lean roast beef, boars head ham, hard salami, turkey, american & swiss cheese with lettuce, tomato & onions on a hero
- Locust** 7.95
mesquite smoked turkey breast & swiss cheese with sun dried tomatoes & dijon mustard on french bread

L.V.F.D.	7.50
honey maple turkey breast & sliced mozzarella cheese with lettuce, tomatoes & honey mustard on a hero	
The Valley	8.25
turkey, melted swiss, bacon, lettuce, tomato, russian dressing	
LIRR	7.50
Boars Head oven gold turkey breast & pepper jack cheese with roasted red peppers & ranch dressing on a hero	
Falcon Pride	7.50
Boars Head cracked pepper mill turkey & melted alpine lace swiss cheese with lettuce, Tomatoes, onions & ranch dressing on a toasted hero	
J.V.	7.25
Boars Head chicken breast served hot with pepperoni & melted mozzarella cheese on a roll	
Varsity	8.25
Boars Head BBQ chicken breast & melted cheddar cheese with bacon & BBQ sauce on a toasted hero **also great with roast beef	
Lattingtown	8.25
Boars Head buffalo chicken breast & pepper jack cheese with lettuce & bleu cheese dressing on a toasted hero	
Piping Rock	7.95
marinated grilled chicken breast & swiss cheese with romaine lettuce, plum tomatoes & raspberry vinaigrette dressing on french bread	
Coach	7.95
genoa salami, pepperoni, ham cappicola & provolone cheese with lettuce, tomatoes, onions & italian dressing on a hero	
Harborside	7.95
prosciutto, mortadella, sopressata pepperoni & fresh mozzarella with roasted red peppers & a drizzle of olive oil on a hero	
Portledge	7.95
fresh mozzarella, plum tomatoes, fresh basil, roasted red peppers with balsamic vinaigrette on French bread	
Oak Neck	7.95
Boars Head ham, turkey & melted swiss cheese with lettuce, tomatoes & Russian dressing on a toasted hero	
Friends Academy	7.50
black forest ham & swiss cheese with lettuce, tomatoes & spicy brown mustard on a hero	
Nassau CC	7.95
turkey, pastrami, corned beef, melted swiss, lettuce, tomato and cole slaw on a hero	
Grenville Baker	6.95
tuna salad & melted american cheese & tomatoes on toasted rye bread	
Brookville	7.95
chicken salad & american cheese with bacon, lettuce, tomatoes on a bagel on your choice	
North Shore	8.25
chicken cutlet & melted American cheese with bacon, lettuce, tomatoes & Russian dressing on a hero	
Forest Ave.	7.95
chicken cutlet, virginia ham & melted swiss cheese with honey mustard on a toasted hero	
Gold Coast	7.25
chicken cutlet with lettuce and tomato with creamy blue cheese dressing on a hero	